

Allopurinol - Chronic Gout Treatment: What You need to know About Allopurinol

Allopurinol (which goes by the brand names Aloprim and Zyloprim) is a drug that belongs to a class of drugs called xanthine oxidase inhibitors. Allopurinol is prescribed for the treatment of chronic **gout** and also can be used to prevent rather than treat **gout attacks**.



“ The medicine works by blocking **uric acid** production. **Uric acid** is a waste product typically present in the blood as a result of the breakdown of **purines**. Excessive amounts of uric acid can cause crystals to form in the joints, which can lead to **gout**.

When is Allopurinol Prescribed?

Allopurinol is prescribed to prevent longterm gout attacks, manage high **uric acid levels** brought on by cancer medications, and also handle kidney stones. There are also a number of off-label uses for which your doctor may prescribe allopurinol.

What is the Accessibility to Allopurinol?

Allopurinol is available as a 100 mg. pill. It is taken a few times daily, usually following a meal.

Are There Any Kind of Special Directions Concerning How to Take Allopurinol?

Patients are advised to follow the prescribing instructions exactly. It is common for the starting dosage of allopurinol to be low and gradually increased. Noticeable benefit from taking allopurinol may take months. In fact, during the first few months of use, the medicine may actually increase the number of gout attacks. Eventually, allopurinol will prevent gout attacks. In the interim, colchicine may be prescribed as well. Do not stop taking allopurinol even if you're feeling well.

Are There Patients Who Should Not Take Allopurinol?

Patients who are known to be allergic to allopurinol obviously should not take the medication. Patients taking any of the following medications should notify their particular doctor simply because they may require a serving adjustment:

AmoxicillinAmpicillinCoumadinCytosanPurinetholDiabineseDiureticsImmunosuppressantsOther gout medicationsWhat common side effects can occur together with allopurinol?

- Allopurinol can cause upset stomach, diarrhea, and sleepiness.
- Rash is one of the more common side effects and can occur despite months or years of therapy.

Are There More Severe Side Effects Connected With Allopurinol?

Uncommon side effects that are more serious if they occur include:



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Hypersensitivity reactionsItchingBlood in pee or pain when urinatingEye irritationSwelling around mouth or perhaps lipsSigns of infectionLoss of desire for food or unexpected weight lossWhat special safety measures and precautions are associated with allopurinol?

- Patients are advised to drink 8 glasses of water daily (unless a doctor instructs otherwise).
- Alcoholic drinks may decrease the effectiveness of allopurinol.
- Drinks or supplements containing ascorbic acid may be problematic in large quantities.
- Excessive vitamin C and allopurinol can combine to make urine acidic as well as cause kidney stones.
- Patients with kidney problems may need dose adjustment with regard to allopurinol.

Are There Special Instructions for With Child or Nursing Women?

You are with child, breastfeeding, or thinking about becoming pregnant, discuss allopurinol with your doctor. Few reports of allopurinol use during pregnancy exist. Although no adverse fetal outcomes associated with allopurinol have been mentioned in humans, allopurinol should only be used after weighing benefit to the patient vs. risk to the fetus.

How is It Established that Allopurinol is Actually an Effective Treatment?

Certain laboratory tests are periodically purchased which help to be able to determine if the drug is working efficiently.

The **Gout Remedy Report**

To stop this (gout) happening to you, please now go to the **Gout Remedy Report** where you'll also get the facts on a devastatingly basic 2 hour remedy. Just click here.

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